**XXX Surgery Center**

**Falls Prevention Competency Test**

|  |  |  |  |
| --- | --- | --- | --- |
| **Performance Criteria** | **Met** | **Not Met** | **Comments** |
| Reviewed Policy “Falls Prevention”  |  |  |  |
| Reviewed Fall Prevention Program Information |  |  |  |
| Identifies three risk factors related to falls |  |  |  |
| Recognizes three strategies to prevent falls |  |  |  |
| Identifies two steps to take when a fall occurs |  |  |  |
| Completes Falls Prevention Competency Test |  |  |  |

1. **When ambulating a patient, he complains of being dizzy and you assist him gently to the floor. This is not considered a fall.**
2. **True B. False**
3. **Patients are to be assessed for falls risk on admission to the center, and throughout the center in each department**
4. **True B. False**
5. **A patient who has experienced a fall is to have an immediate physical assessment**
6. **True B. False**
7. **XXX Surgery Center Falls Prevention Program required which of the following to be implemented for a patient at risk for falls:**
8. **Double-sided non-skid slippers**
9. **Education of patient and family**
10. **Walking patients to the bathroom**
11. **All of the above**
12. **To prevent falls, staff should:**
13. **Assess patients at risk for falls and document**
14. **Ensure stretchers are in locked position**
15. **Call bell placed within reach**
16. **Assistive devices near: glasses, walker, etc.**
17. **Safe clean environment**
18. **All the above**
19. **Patient teaching documents are given to each patient in the XXX Surgery Center Folder, and falls prevention discussed and documented.**

**Everyone should know what role he or she plays in preventing falls.**

1. **True B. False**
2. **Patient is an 83 y/o female with a history of Dementia, admitted for cataract surgery. Family is with her in pre-op but leaves to use the restroom. What should you do?**
3. **Give the patient the call bell and tell her not to get up alone**
4. **Ensure someone remains with the patient until family returns**
5. **Try to keep an eye on her as you accept your next admission**
6. **Your 69 y/o male patient is alert yet has aphasia. He is in phase one recovery post trigger finger release. Which fall prevention interventions should you institute?**
7. **Bed alarm with patient**
8. **Tread socks on**
9. **Inform patient not to get up without you**
10. **All of the above**
11. **Tread socks only**
12. **Other underlying conditions that may increase a patient’s risk for falling are impaired cognition and neurological problems.**
13. **True B. False**

**RN Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Reviewer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Falls Prevention Competency Test Key**

1. False
2. True
3. True
4. All the Above
5. All the above
6. True
7. Ensure someone remains with patient until family returns
8. B and C
9. True